



WSA Go Wild for Activities!



■ WONGU STUDENT ASSOCIATION

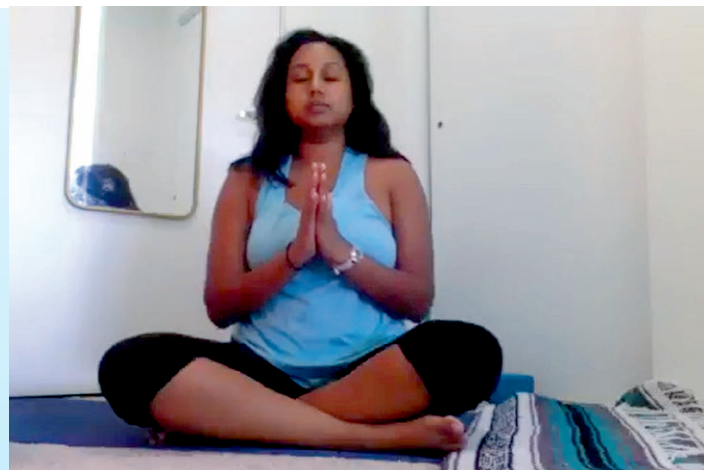
Mt. Charleston Hike – Mary Jane Falls

On Saturday, July 24, WSA launched their Group Care activities with an organized group hike at Mary Jane Falls on a beautiful Saturday morning. A total of 6 Wongu students, staff and friends were able to join. Although it was raining and cloudy earlier in the morning, by the time they arrived at the meeting spot, the weather had cleared up and the temperature cooled for the perfect hiking experience.

Restorative Yin Virtual Yoga with Cherishe Behm

On Sunday, August 29, the second Group Care Activity hosted by WSA was a virtual yoga session led by yoga instructor, Cherishe Behm. She led a group of 6 Wongu students in an hour long Restorative Yin Yoga class via Zoom. Restorative Yin Yoga consists of poses done close to the ground with slow-paced movements that encourage release, recovery, and relaxation. It was a gentle relief during a hectic quarter and the banana stretch especially was a big hit among those who joined.

More articles continue to page 2



Cherishe Behm instructed yoga session via Zoom.

Ayurveda Lecture with Vaidya Sondra Rubin

On Friday, August 20, Vaidya Rubin gave a lecture on the different Ayurveda doshas and the appropriate foods for each type. There are some parallels between TCM and Ayurveda. Doshas are element combinations that are responsible for a person's physiological, mental, and emotional health. These doshas are further associated with the Agni, the fire that is important to your health. Check out the lecture to get an idea of what diet is best for your body: <https://shorturl.at/lrwHY>



Club Initiative

This quarter, the WSA has initiated numerous clubs to help meet student's needs and interests.

Needling Club

The needling club had its first meeting on Tuesday, August 10, with Dr. Jin supervising the club activities. During the hour-long meeting, Dr. Jin covered two ancient needling techniques: Burning the Mountain and Cooling the Heavens.



Test Prep Club

The Test Prep club met twice during the Summer quarter online, facilitated by Dr. Brandt. The participants were from all levels of the program: from new students all the way to graduates. The club covered test taking strategies

to help students get through not only individual classes, but also the Institutional exams and the National Board exams. Check the WSA Populi Discussion Board often for tips and sample test questions.



Language Club

On Thursday, August 12, Dr. Jin facilitated the first meeting of the Language club. 4 students attended the meeting and received a brief review on some OM terminologies in Mandarin. The club was a great refresher and also provided some everyday terms and phrases.

Governor of Nevada appoints a Wongu Faculty to Nevada Board of Oriental Medicine

The Nevada Board of Oriental Medicine has a position specifically reserved for a representative from Wongu University of Oriental Medicine. Upon the resignation of Michael Smith, the Wongu University of Oriental Medicine Board member, Dr. Eric Richardson, former President of Wongu, has been accepted for the position for a 3-year period from June 2021. Dr. Richardson introduced the Board to an advanced elective course offered at Wongu, Acu-Point Injection Therapy taught by Dr. Choo.

Nevada Biotechnology & Health Science Consortium Welcomes President of Wongu University of Oriental Medicine

The Nevada Biotechnology & Health Science Consortium held a dinner at the Ahern Hotel on July 15, 2021.

Also attending were Wongu alumnus Dr. Rachel Ong and Wongu commencement speaker, Dr. Michael Ferris of Integrative Acupuncture. Keynote speaker, Dr. Marc J. Kahn, Dean of the UNLV School of Medicine and Dean Wolfgang Villar of Touro University spoke on the need to improve healthcare access in Nevada. Dan Montano, CEO of Zhittya Medical, who spoke on the topic “Is Therapeutic Angiogenesis a Potential Breakthrough Treatment,” outlined ongoing development of fibroblast growth factor 1 to promote angiogenesis for regenerative therapy of patients suffering from long term chronic disease. The Consulate-Director of Mexico in Las

Vegas, Julián Escutia Rodríguez, received an award for helping to arrange clinical trials with a hospital in Mexico.

Others in attendance included numerous CEOs from various healthcare institutions and corporations in

Nevada, as well as about 100 high school students interested in healthcare. The venue brought Wongu to the attention of mostly a Western medicine audience and almost all expressed interest in collaborating with Wongu to develop and research the value of Oriental Medicine as a clinical profession, as well as work together for our students and faculty to participate in educational endeavors to mutually benefit our students and patients.

Research at Wongu

Wongu is interested in promoting the research of acupuncture, herbal medicine, and other Oriental Medicine modalities. Discussions are ongoing to develop a research track for students interested in research. To prepare for those interested, Wongu has purchased library materials about research in traditional East Asian medicine (TEAM).



Doctors Michael Ferric, Eric Richardson, and Rachel Ong

Celebrating Mrs. Helen Toland's 95th Birthday

Mrs. Helen A. Toland is a matriarch and leader of the African American Community and was the first female African American to be principal of a Las Vegas school. That school has since been named after her. Mother Toland has been a long-time supporter of Wongu University of Oriental Medicine behind the scenes and is also a good friend of our Wongu Board member, Mrs. Katherine Duncan. Through Mrs. Toland's generous scholarship funding, Danielle Lewis is close to completing

the Master's degree program. President Richardson was able to join her in a celebration of her 95th birthday. Wongu University will seek out ways to work within the Historic Westside District to provide opportunities for students and possibilities for Wongu to develop a community clinic.




Mother Toland 95th Birthday (Courtesy of LV Sun)

Accelerated Clinical Practice Opportunity

Interested in graduating faster? Once you reach the clinic, you have the opportunity to accelerate your clinical experience by participating in the **Inter-Term Intensive**. This intensive has been implemented by Wongu due to high patient demand for continuity in their treatments, as well as desire for students to finish the program quicker.

Taking place during break in between every quarter, it gives 4 observers and 4 interns the chance to complete a clinic course within 2 weeks instead of the usual 10 weeks. It consists of 10 days of full shifts from 8 AM to 4:30 PM. Observers must have the prerequisite of CP311 Clinic Observation I and interns must have the prerequisite of CP411 Intern Level 1A in order to be eligible. Sign up is on a first come, first serve basis so if you plan to accelerate your time in clinic, speak with the Clinic Manager to book your spot as soon as possible!



WONGU
University
of Oriental Medicine

ACCELERATE YOUR CLINICAL PRACTICE

Inter-Term Intensive
10 Days; Full Shifts 8 AM - 4:30 PM
Sept. 15-16, 20-23, 27-30
Capacity: 4 Observers + 4 Interns
(First to Sign Up)

Call the Clinic to Book your Spot

FOR OBSERVERS: CP311 Pre-Req
FOR INTERNS: CP411 Pre-Req

■ ALUMNI

Keita Sekine, Wongu graduate of class 2018, gave a presentation on behalf of Wongu University at a conference on August 24. He spoke to 20 participants online at a conference held by World Research Institute of Science and Technology (WRIST). WRIST is an organization focused on research and development of science and technology. Out of the 20 attendees, half of them were Ph.D or Ph.D students from the US, Japan and Germany. Keita made the presentation to introduce Wongu University to the participants, hopefully leading to a wider network for Wongu. He covered a few points that make up Wongu's mission: the integration of Western and Oriental Medicine, incorporating electric therapies (such as the Happy

Health Machine), and spreading awareness of Oriental Medicine through volunteer medical services in developing countries. According to Keita, he said giving this presentation "was a significant occasion for [him] to be able to connect with the members of WRIST".

He is currently in Japan but poised to join True Family Clinic soon, a local acupuncture clinic owned by another Wongu alum, Dr. Yoriko Kubonoya, OMD.



Keita Sekine '18

Welcome New Students

We had 2 new students join us in the Summer 2021 quarter as Non-Matriculated. Wongu is also welcoming 6 new students for the Fall 2021 term. It is exciting to see our small community continuously growing and evolving. We are happy to have you join us this quarter!

New Students: Summer 2021 (Non-Matriculated)

Stacey Munroe

Heather McKay, L.Ac.

New Students: Fall 2021

Stacey Munroe (Matriculated)

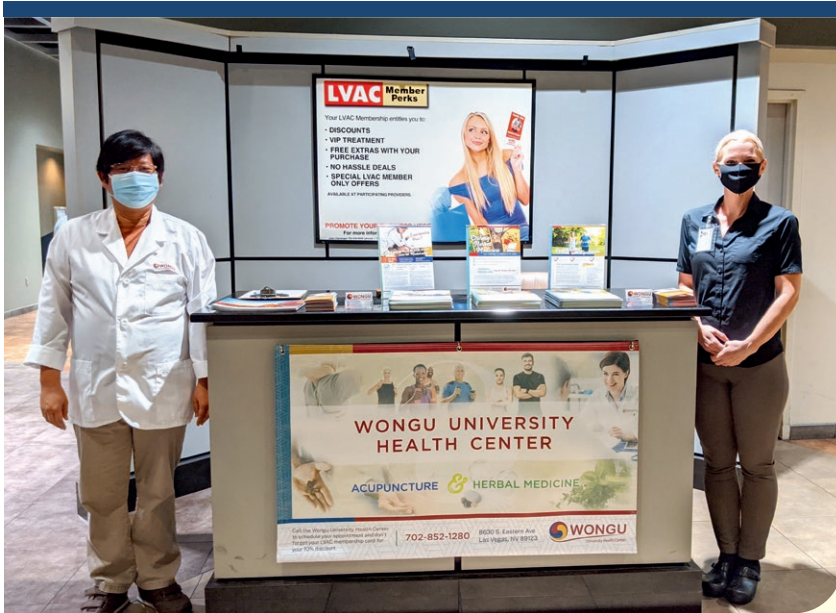
Hannah Sommers

Miranda Miller

Anastasya Youmans

Tichelle Sey

Najma Syed (Non-Matriculated)



■ COMMUNITY OUTREACH

Community outreach at Las Vegas Athletic Club

Starting Summer 2021, Wongu University partnered with the local Las Vegas Athletic Club (LVAC) – Green Valley location where Wongu interns offer information about Oriental Medicine focused on resilience, strength, and pain relief. The outreach consists of a booth located in the middle of the large, busy gym where interns can hand out flyers and chat with gym goers about the benefits of Oriental Medicine for their health and improving their performance. LVAC members receive a 10% discount on treatments at the Wongu Health Center.

Wongu Interns have an opportunity to present and promote the efficacy of Oriental Medicine which is part of their community service hours. Wongu makes a presentation at least once a month with expanded opportunities for interns to reach out to the local community or make up your clinic hours! Sign up with the Clinic Director to reserve yourself a spot.



■ ACADEMIC

Qigong class collaborated with Online teaching

Professor Geon-Ho Lee, from Seoul University of Buddhism joined Professor Sang-hyun Lee's Qigong class via zoom to co-teach and demonstrate the essential aspects of Qigong.

Qi gong (pronounced chi kung) is an ancient practice which originated from China over 5,000 years ago and pre-dates both tai chi as well as TCM (Traditional Chinese Medicine). The term qi gong is made up of the word Qi which translates to "Energy or Life Force" and the word Gong which translates to "Work or Training". A qi gong form is a series of coordinated and flowing movements which requires a person to focus on body posture, movements, breathing and mental thoughts. Qi gong activates the naturally occurring physiological as well as psychological mechanisms of self-repair and health recovery. Professor Geon-Ho Lee is gold medal winner at Korean National Sports Festival, black belt in martial arts and national Tai-chi referee.



STUDENT PERKS

In partnership with various local businesses, WSA has secured student perks for our Wongu students. Perks range from discounts to free drinks to even online coupon codes! Please stop by these businesses with your student ID to show them your support.



TEA AND WHISK

TEAANDWHISK.COM

Siena Promenade
10271 S Eastern Ave #116,
Henderson, NV 89052

Tea and Whisk is a beautiful tea shop whose mission is to make traditional teas become equally or more popular than coffee or alcohol in the US. The owner, Leo, is a knowledgeable and passionate tea connoisseur who also hosts online tea tastings from the comfort of your home. The shop carries multitudes of teas (many containing herbs that are found in our Materia Medica!) and teaware that can also be ordered directly from their website. They are offering Wongu students **15% off on loose leaf teas and 10% off on teawares**. Just show your student ID at the shop to claim your discount. There is also an **online student code: Wongu Student for 15% off loose leaf teas** on their website if you are **subscribed to their newsletter**. Happy tea shopping!



AMERICANSTITCHLV.COM

3021 S Valley View Blvd, #209
Las Vegas, NV 89102
(702) 233-8567

American Stitch is a screen printing shop that offers services such as embroidery, stitching and screen printing of logos and icons on various products. Since they already have the Wongu logo on file from a previous student's order, they are **offering their embroidery services to Wongu students at \$9.50** without the digitizing fee (**about \$50 value!**). If you are interested in embroidering your scrubs or white coat with the Wongu logo for clinic, please stop by American Stitch for high quality work at an amazing price!



MYDAOLABS.COM

Point of contact: Jennifer Ward, L.Ac.
jen@mydaolabs.com

Dao Labs is an online herbal formula company that brings traditional Chinese Medicine medicinals into modern life. They sell traditional herbal formulas in the form of dried powder packaged in individual packets to be easily carried and mixed with water. They carry formulas for various goals including boosting immunity, better sleep, improving digestion, menstrual health and reducing stress. The natural, effervescent powders are delicious and as a result, great for patient compliance. As Wongu students, you are eligible to join the **Practitioner Program for a minimum purchase of \$50** (discounted from \$110 for practitioners), which includes **40% off pricing**, training and tools, marketing support, etc!

Access on the links below for more info:
Wholesale Price List (<https://bit.ly/3GHEbPf>)
Practitioner Program (<https://bit.ly/2ZLjPn8>)



HUMMUS Bowls and Wraps



HUMMUS is a casual, lively spot serving Mediterranean inspired eats using locally sourced, natural and healthy food. You can choose and build your meal based on a hummus bowl or pita wrap, with the option of adding ingredients like greens, grains, proteins and various toppings. With the Henderson location just 10 minutes from Wongu, HUMMUS is a great option for a quick, healthy lunch! They are offering Wongu students **free pita fries** or a **free medium drink** with your order, Wongu ID required.

HUMMUSBOWLS.COM

Offer available at all 3 locations:

Eastern Hills Center
10895 S. Eastern Ave Ste 100
Henderson, NV 89052

7645 S. Rainbow Blvd #100
Las Vegas, NV 89139

Boca Park
1000 S. Rampart Blvd #7
Las Vegas, NV 89145



Amazon Student Prime

Wongu students are eligible to sign up for an Amazon Student Prime membership which includes a **6-month free trial** and a **discount of membership**.

At the end of your free 6 month period, your membership will automatically upgrade to Amazon Prime membership charged per month, and Amazon will charge your default payment method or another payment method on file \$6.49/month plus any applicable taxes. You may cancel anytime by visiting Your Account and adjusting your membership settings. You will continue to receive Amazon Prime for \$6.49/

To sign up, follow the steps below:

- Go to www.amazon.com/joinstudent
- Create an account with Amazon with your wongu.edu email (if you have not done so already).
- At the bottom of the form, click the "Click here to signup using your .edu email".
- Fill in your information and then "Start your 6-month trial".

month, plus any applicable taxes, for as long as you are an Amazon Student member for a total benefit period up to 4 years (free and discounted) after which your Amazon Prime benefits will renew at the full price and continue until cancelled. The Amazon Student \$6.49 Prime plan includes the same benefits as Amazon Prime, but these benefits can't be shared with another account. See Amazon Student Terms and Conditions for more information.



WONGU UNIVERSITY



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