WONGU UNIVERSITY OF ACUPUNCTURE AND HERBAL MEDICINE

Winter 2025

# NEWSLETTER

## Quarterly Rolling Admis<mark>sions</mark>

ENROLL NOW!

WONGU UNIVERSITY ACUPUNTURE & HERBAL MEDICINE

ANNOUNCEMENT OF ROOM RENTAL AVAILABILITY

Rooms available for rent at Wongu (basic utilities included):

classroom, treatment room, meeting room, seminar room, and so much more.

Allow us to provide you a space to engage with your clients/patients/students here at Wongu.

For further information on room rentals. Please contact: outreach@wongu.edu 702-463-2122

### CEU CLASSES

### NEW CEU: Nature &

An in-Depth Exploration of Geriatric Healthcare from Traditional Chinese Medicine Perspective



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April 12th, 2025 10:00 AM - 2:30 PM PST Location: Online

Geriatric

**Condition of** 

Instructor : Dr. Anna Lin, LAC

Course Length: 4 Hours NCCAOM CEU/PDA Points: 4



California Acupuncture Board Approved Category 1

- Understanding Geriatric Patient's
  Unique Healthcare Needs.
- TCM Diagnostic Methods and
  Treatment for Common Disorders.
- Preventative Care Strategies for Age-Related Diseases.
- Holistic Approaches to Treatment





### WONGU WINTER OUTREACH 2025





5<sup>th</sup> International Conference of HyoJeong Academy 2025



Wongu University Jean Kim MSOM - outreach assistant manager





WONGU





Las Vegas City Hall 495 S. Main St. Las Vegas, NV 89101 Phone: (702) 229-





CAREER &



SCHOOL OF NURSING

MEBIDIANO COCO Culture con Sabrosura Dr. Sanghyun Lee President WONGU University of Oriental Medicine Sabrosura Dr. Sanghyun Lee President WONGU University of Oriental Medicine Sabrosura Dr. Sanghyun Lee President WONGU University of Oriental Medicine Sabrosura Dr. Sanghyun Lee President WONGU University of Oriental Medicine

### WELCOME TO WONGU!

### **NEW PROFESSORS!**

#### Dr. Joanne W Eng



Graduated from ACTCM, SF, CA; attended Wongu University 2014-2015 Licensed in CA & NV. I have a passion for teaching. Maybe I followed my father who was a professor in China. I have taught ballroom dancing in SF; taught my students the basic steps to build strength before learning the advanced steps. This

is the same principle I am applying to teach my meridian students. It is like building a house on a solid foundation to provide unwavering strength as opposed to building on sand where the storm causes calamity. I connect my teaching to my faith; as a Christian, I put my faith in Jesus; He is my rock and solid foundation of my Christian life. I incorporate QiGong (from the Eight Treasures 2000 years ago passed on by the Ni Family / Yo San University) by teaching my students to tap the 12 main meridians and all the points; the 3 arm yin, 3 arm yang, 3 leg yin and 3 leg yang; this powerful tapping move the Qi in the whole body; it teaches them the channel theory how the LU meridian connects to the LI and the LI connects to the ST and etc. Also teaches them to be sensitive to their own energy, remove blockages, what channel is excess or deficient; and it prepares them to see patients in the future; this brief QiGong warm up exercise is invigorating, energizing and definitely elevates one's spirit and mood.

### WELCOME TO WONGU!

### **NEW PROFESSORS!**

#### Professor Madison N Fish



I am a Wongu University Alumna (class of 2023), previously I graduated from San Jose State University in 2015 with a BA in Psychology and lettered as a scholar athlete for the Women's Softball team during my 4 years. After moving to Las Vegas, NV I began training in martial (Muay Thai, BJJ, & Baguazhang) and Daoist arts before attending Wongu University where I gained immense knowledge and clinical training as a student of Oriental Medicine. I am grateful for the opportunity to harmonize these areas of study as a professor of Qigong and Taiji at my Alma Mater. I am on track to get my OMD license by summer this year and very passionate about remaining connected to Wongu University as we strengthen our community and advance our medicine through education and clinical application.

When I'm not at school I love spending time with my two dogs and my endlessly growing plant collection.

#### <u>Dr. Catalina Munoz Silva</u>



Dr. Catalina Munoz-Silva holds a master's degree in Acupuncture and Oriental Medicine and a Doctoral degree of Acupuncture and Chinese Medicine issued by the American College of Acupuncture and Oriental Medicine in Houston, Texas. She is a Licensed Acupuncturist under the

Texas Medical Board and certified under the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). With more than 7 years of practice, Dr. Munoz-Silva has been attending to a variety of successfully treated conditions. Her goal is to help patients overcome acute and chronic health conditions. She works to restore the physical, mental and emotional balance that provides the best chance for healing. Her areas of specialty are pain management, mental-emotional afflictions, digestive disorders, chemotherapy support and herbal medicine customization. Dr. Munoz-Silva enjoys treating patients of diverse age range, with an extensive experience in geriatrics and pain management. She is a wife and a mother of two little girls and enjoys her free time in her farm cultivating herbs alongside her family.

### WELCOME TO WONGU!

<b>NEW STUDENTS!</b>	
<u>FALL 2024</u>	<u>WINTER 2025</u>
Ava G	Alyssa B
Rhenand M	Mina Z
Glen W	
Grace L	
Mia W	
Tiona P	
Shannon D	
Bria H	
Jennifer T	
Yong C	



### SPOTLIGHTS!

The Wongu Student Association has now become the Wongu Student Alumni Association!

#### Building Student and Alumni Relationships through Collaboration

A new platform designed to teach Wongu students how to increase engagement and facilitate professional connections while providing Wongu Alumnus with meaningful relations to discover partnership discussions in their role. This partnership enables both students and alumni to observe firsthand the practical applications of their education in the real-world setting and share updates on the industry trends while contributing trusted information.

Wongu University would like to boost WSAA to improve relationships, increase varied perspectives, increase knowledge and ability to navigate challenges more effectively, increase community development, improve culture and to have fun.

We would like you to be part of the involvement in the commencement and creation of this WSAA platform.

### HERBAL HIGHLIGHTS!

#### By: Wongu Staff



#### **BO HE - HERBA MENTHAE HAPLOCALYCIS**

Bo He (Herba Menthae), also known as Peppermint, can be seen in many Traditional Chinese Medicine (TCM) clinics. Its properties are acrid and cool. It enters the lung and liver spleen channels. It is commonly used to cool and clear the head, eyes, and benefit the throat. It is also know to relieve liver qi stagnation. It is used often for Releasing the Exterior (Wind-Heat Diaphoretic).





Sheng Jiang is also known as fresh ginger. It is placed in the category of Herbs that Release the Exterior. (Wind-Cold Diaphoretics). Shen Jiang functions to detoxify other herbs and seafood. Sheng Jiang is also known to boost the movement and circulation of Qi, Body Fluids, Phlegm, and Blood. When there is disharmony in the digestive tract it would result in nausea and vomiting, sheng jiang will help restore balance to the gastrointestinal system and end the reverse flow of qi.

### HERBAL HIGHLIGHTS!

By: Wongu Staff

# Herbal Formula: YAN HU SUO





Yan Hu Suo (Corydalis Rhizome) is one of the most powerful herbs for managing nerve pain. It is in the category that Regulates Blood (invigorates blood). Yan Hu Suo assists with any type of pain affecting the limbs, abdomen, and chest that is due to Blood/Qi Stagnation and from a traumatic injury. It is recognized to be useful for pain relief, anticancer effects, treating fever, hepatitis edema, gastritis, hypertension, and has an enhancing ability for vital energy. Since it provide blood moving properties and provide relief from Qi/Blood Stagnation, it is an excellent formula for insomnia. Some side effects of Yan Hu Suo might cause slowed breathing and sleepiness.

Wongu University is approved by the US Department of Veterans Affairs (VA) for the training of veterans and other eligible persons under the Veterans Educational Benefits.

